



Phone: 952-212-1305 (call or text)

www.CrossoverFinishStrong.com

WINTER CLASS SCHEDULE 2021

Moogis - ages 4,5,6 / Dragons ages 7,8,9 / Juniors - 10 and up

Monday

5:15 – Moogis

5:45 – Dragons

6:15 – Level I – Juniors/Adults (White thru Green Belts)

6:45 – Leadership Team – All Ranks

7:15 – Level II and III – Juniors/Adults (Purple thru Black Belts)

Tuesday

5:15 – Moogis

5:45 – Dragons

6:15 – Level I – Juniors/Adults (White thru Green Belts)

6:45 – Level II – Juniors/Adults (Purple thru Red Belts)

7:15 – Level III – Juniors/Adults (Red/Black and Black Belts)

Wednesday

5:15 – Moogis

5:45 – Dragons

6:15 – Level I – Juniors/Adults (White thru Green Belts)

6:45 – Level II – Juniors/Adults (Purple thru Red Belts)

7:15 – Level III – Juniors/Adults (Red/Black and Black Belts)

Thursday

5:15 – Moogis

5:45 – Dragons

6:15 – Level I – Juniors/Adults (White thru Green Belts)

6:45 – Leadership Team – All Ranks

7:15 – Level II and III – Juniors/Adults (Purple thru Black Belts)

Friday (1st and 3rd Fridays ONLY)

5:15 – Moogis

5:45 – Dragons

6:15 – Level I – Juniors/Adults (White thru Green Belts)

6:45 – Level II and III – Juniors/Adults (Purple thru Black Belts)

Saturday

TBA – Specialty classes, seminars, etc.